

CLASIFICACIÓN ABSOLUTA MASCULINA

VIII RUN FOZ RUN NADAL 2023



Fecha: 23/12/2023

Distancia: 5000m

P.Gen.	Dorsal	Nombre	Club/Localidad	Categoría	P.Cat.	Tiempo
1	119	POUSADA TROITIÑO, JARNO	CIDADE DE LUGO FLUVIAL	SENIM	1	00:16:06
2	6	ARIAS FREIJE, ALBERTO	INDEP. VEGADEO	MASBM	1	00:16:24
3	11	BASANTA FOUZ, ESTEBAN	CIDADE DE LUGO FLUVIAL	SENIM	2	00:16:26
4	138	RODRIGUEZ PUENTE, XIAN	INDEP. PONTENOVA	SENIM	3	00:17:03
5	94	MELLO BIRKHAN, JACI AUGUSTO	INDEP. ARTEIXO	MASAM	1	00:17:07
6	114	PEREZ PEREZ, MANUEL	INDEP. BARREIROS	MASAM	2	00:17:21
7	76	GRIÑAN CARAVACA, MANUEL	CLUB ATLETISMO SUANZES SAN	MASBM	2	00:17:26
8	151	VAL VILLARINO, DELIO	INDEP. BARREIROS	MASBM	3	00:17:26
9	51	FERNANDEZ SANCHEZ, CARLOS	INDEP. VIVEIRO	MASAM	3	00:17:28
10	31	CONDE LLENDERROZOS, MARCOS	CLUB ATLETISMO RIBADEO	MASAM	4	00:17:30
11	30	CHAVES MON, RAMIRO	MADERAS BARCIA LOURENZA	MASAM	5	00:17:41
12	59	GARCIA GONZALEZ, BRAIS	CLUB ATLETISMO RIBADEO	SENIM	4	00:17:44
13	120	POUSADA TROITIÑO, MARCO	CIDADE DE LUGO FLUVIAL	SENIM	5	00:18:02
14	60	GARCIA BANIELA, PABLO	CLUB ATLETISMO LOURENZA	MASAM	6	00:18:09
15	89	LOPEZ MUIÑA, SERGIO	FLUVIAL DE LUGO MONTE SEGADE	SENIM	6	00:18:17
16	15	BELLO YAÑEZ, DIEGO	INDEP. VILALBA	SENIM	7	00:18:18
17	117	PICO FERNANDEZ, ALVARO	AUGAS SANTAS	MASAM	7	00:18:24
18	103	MURADO EXPOSITO, OSCAR	INDEP. LUGO	MASBM	4	00:18:26
19	110	PARDO MONTERO, ALBERTO	INDEP. VILA DE CRUCES	SENIM	8	00:18:35
20	77	GUDIN, MARIO	CAO NAVIA	SENIM	9	00:18:37
21	126	REBOLO CASTRO, ALEJANDRO	CIDADE DE LUGO FLUVIAL	MASBM	5	00:18:48
22	160	PRIETO ALVAREZ, MARCOS	INDEP. NAVIA	SENIM	10	00:18:50
23	150	TURNES CORDEIRO, JOSE MANUEL	ATLETISMO RIA DE FOZ	MASAM	8	00:18:59
24	107	OTERO, BRAIS	ATLETISMO RIA DE FOZ	SENIM	11	00:19:05
25	124	RAMIREZ LAVIN, ADRIAN	TOXIZA CLUBE DE MONTANA	SENIM	12	00:19:10
26	112	PENELA CASTIÑEIRA, MARC	FLUVIAL DE LUGO MONTE SEGADE	SENIM	13	00:19:12
27	50	FERNANDEZ RIVAS, JOSE ANTONIO	MADERAS BARCIA LOURENZA	MASAM	9	00:19:14
28	39	DOURAL GOMEZ, JORGE	TOXIZA CLUBE DE MONTANA	MASBM	6	00:19:17
29	61	GARCIA FERNANDEZ, JAVIER	CLUB ATLETISMO RIBADEO	MASBM	7	00:19:26
30	3	AMORIN MONTERO, DAVID	INDEP. GIJÓN	MASAM	10	00:19:52
31	121	PUMARES MARRUBE, PEDRO	AS ESCONDIDAS	MASBM	8	00:19:57
32	131	RIO PEREIRA, YAGO DANIEL	INDEP. FERROL	SENIM	14	00:19:59
33	148	TEMBRAS ALONSO, DAVID	CLUB DALLE GAS RUNNING TEAM	MASAM	11	00:20:01
34	153	VIDAL REIGOSA, MIGUEL ANGEL	CLUB ATLETISMO LOURENZA	MASBM	9	00:20:03
35	155	VILLARES PEREZ, CARLOS	INDEP. CERVO	MASBM	10	00:20:09
36	56	FERREIRO RODRIGUEZ, IBAN	INDEP. FOZ	MASAM	12	00:20:32
37	65	GAVIN BRAÑA, ROI	INDEP. FOZ	MASAM	13	00:20:33
38	101	MOREDA LEIRADO, RAMON ALBERTO	INDEP. FOZ	MASAM	14	00:20:38
39	70	GONZALEZ DIAZ, JOSE MANUEL	ATLETISMO RIA DE FOZ	MASCM	1	00:20:40
40	135	ROBLES PAGAN, FRANCISCO JAVIER	INDEP. FOZ	MASAM	15	00:20:44
41	49	FERNANDEZ PENA, PABLO	INDEP. FOZ	SENIM	15	00:20:47
42	43	FARIAS FORNEIRO, PATRICIO	CLUB TRIATLON CIDADE DE LUGO	MASBM	11	00:20:48
43	139	RODRIGUEZ VALEA, JACOBO	ATLETISMO RIA DE FOZ	MASAM	16	00:20:50
44	25	CARREIRA NUÑEZ, JOSE MANUEL	CLUB ATLETISMO LOURENZA	MASBM	12	00:21:00
45	137	RODRIGUEZ GIL, XIL	INDEP. AMES	MASBM	13	00:21:02
46	36	DIAZ URBIETA, ANTONIO	ATLETISMO RIA DE FOZ	SENIM	16	00:21:04
47	82	LANZOS PIÑEIROA, RAMON	TOXIZA CLUBE DE MONTANA	MASAM	17	00:21:05
48	46	FERNANDEZ DIAZ, JAVIER	TOXIZA CLUBE DE MONTANA	MASAM	18	00:21:07
49	109	OUTEIRO, RICARDO	INDEP. FOZ	MASBM	14	00:21:15
50	55	FERNANDEZ VEIGA, LUIS	VERXEL NUTRICION DEPORTIVA	MASCM	2	00:21:17
51	100	MONTERO SANTOVEÑA, GUSTAVO	INDEP. FOZ	MASBM	15	00:21:19
52	154	VILLAPOL IRAVEDRA, XABIER	ATLETISMO RIA DE FOZ	SENIM	17	00:21:23
53	71	GONZALEZ FOLGUEIRA, MARTIN	CLUB ATLETISMO CASTRO	SENIM	18	00:21:23
54	24	CARRASCAL INCERA, ANDRE	INDEP. GIJÓN	MASAM	19	00:21:27

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55	37	DIZ MEDELA, JORGE	ATLETISMO RIA DE FOZ	MASAM	20	00:21:28
56	158	VIZOSO RIO, RAMON	CLUB ATLETISMO SADA	MASBM	16	00:21:31
57	53	FERNANDEZ SANTIAGO, RUBEN	NOSPORTLIMIT	MASAM	21	00:21:31
58	99	MONTERO BARRERA, JOSE	TOXIZA CLUBE DE MONTANA	MASBM	17	00:21:33
59	80	IRIMIA REGA, PABLO	MADERAS BARCIA LOURENZA	SENIM	19	00:21:38
60	118	PORTAS MUINELO, CESAR	INDEP. LUGO	MASAM	22	00:21:43
61	26	CASTRO CABEZA, MARCOS	ATLETAS DE ACEA DE AMA	MASAM	23	00:21:45
62	143	SORDO ROCHA, PABLO JAVIER	MADERAS BARCIA LOURENZA	MASAM	24	00:21:45
63	66	GEY SEGADE, SANTIAGO MANUEL	S.D. BARBANTIA RODA	SENIM	20	00:21:59
64	122	QUELLE, ADRIAN	INDEP. BURELA	MASAM	25	00:22:05
65	74	GONZALEZ VAZQUEZ, JOSE ANTONIO	INDEP. BURELA	SENIM	21	00:22:10
66	129	REINA, VICTOR	AD NAUTICO DE NARON	MASAM	26	00:22:19
67	75	GRANDA NIETO, JOSE ANGEL	ATLETISMO RIA DE FOZ	MASBM	18	00:22:24
68	44	FERNANDEZ ALVAREZ, JAVIER	TOXIZA CLUBE DE MONTANA	MASBM	19	00:22:27
69	48	FERNANDEZ LOPEZ, DAVID	INDEP. CULLEREDO	SENIM	22	00:22:30
70	1	ALONSO DOVALE, IÑAKI	INDEP. OUIROL	SENIM	23	00:22:30
71	105	NOCHE FRAGA, RAMON	INDEP. REDONDELA	MASAM	27	00:22:33
72	8	BALSEIRO PITA, CRISTOVO	CLUB ATLETISMO SADA	MASBM	20	00:22:35
73	140	RODRIGUEZ VEIGA, FCO JAVIER	INDEP. RIBADEO	MASBM	21	00:22:40
74	86	LOEZ EXPOSITO, BRUNO	CLUB ATLETISMO LOURENZA	MASBM	22	00:22:47
75	35	DIAZ TOLEDO, GINES	CIDADE DE LUGO FLUVIAL	SENIM	24	00:23:05
76	34	DIAZ SANTISO, BORJA	INDEP. COSPEITO	SENIM	25	00:23:42
77	147	TEJEIRO OROL, ELISEO	INDEP. VALADOURO	MASAM	28	00:23:46
78	96	MENDEZ PIÑEIRUA, LEANDRO	ATLETISMO RIA DE FOZ	MASCM	3	00:23:50
79	91	MARAGOTO POLO, JOSE ANTONIO	INDEP. CERVO	MASBM	23	00:23:55
80	108	OTERO MARTINEZ, FRANCISCO JAVIER	INDEP. VALADOURO	MASBM	24	00:24:01
81	141	SANJURJO SANCHEZ, MARTIN	INDEP. CORUÑA	MASAM	29	00:24:02
82	29	CHAO, XOSE LUIS	INDEP. VALADOURO	MASCM	4	00:24:32
83	20	BRANDON CARRACEDO, ICARO	INDEP. CARBALLO	SENIM	26	00:24:58
84	98	MIGUEZ SAN ISIDRO, BENIGNO	KELTIC VIGO	MASAM	30	00:24:59
85	5	ARAGON ESPALLARGAS, OSCAR	INDEP. POZUELO DE ALARCÓN	MASBM	25	00:25:15
86	9	BALTAR, JESUS	MADERAS BARCIA LOURENZA	MASAM	31	00:25:21
87	104	NIÑE OTERO, JAVIER	TOXIZA CLUBE DE MONTANA	MASAM	32	00:25:29
88	79	IGLESIAS FDEZ, MOISES	CLUB ATLETISMO LOURENZA	MASBM	26	00:25:34
89	156	VILLAVERDE INFANZON, FERNANDO	ATLETISMO RIA DE FOZ	MASBM	27	00:25:59
90	97	MIGUEL MARTIN, SERGIO	INDEP. FOZ	MASAM	33	00:26:07
91	52	FERNANDEZ SANCHEZ, MANUEL	INDEP. FOZ	MASAM	34	00:26:25
92	54	FERNANDEZ TAIBO, NICOLAS	INDEP. SADA	SENIM	27	00:26:29
93	146	SOUTO REGO, ANTONIO	INDEP. VILALBA	MASCM	5	00:26:33
94	38	DOMENECH GONZALEZ, PEDRO	INDEP. CULLEREDO	MASBM	28	00:26:39
95	152	VARELA DE LA TORRE, GONZALO	INDEP. BEGONTE	MASBM	29	00:26:53
96	40	EIRAS FERNANDEZ, RAMON JOSE	ATLETISMO RIA DE FOZ	MASCM	6	00:27:19
97	115	PEREZ REY, SANTIAGO	ATLETISMO RIA DE FOZ	SENIM	28	00:27:20
98	111	PEDREIRA COROAS, CELERINO	CLUB ATLETISMO LOURENZA	MASCM	7	00:27:23
99	113	PEREZ CAPON, LUIS	C.D. BIOSBARDO	MASCM	8	00:27:48
100	159	WILSON, MICHAEL BARRY	INDEP. FOZ	MASBM	30	00:28:04
101	14	BAUMGARTNER TARGHETTA, CESAR	INDEP. FOZ	MASCM	9	00:28:37
102	22	CALVO PICO, ARSENIO	MADERAS BARCIA LOURENZA	MASCM	10	00:28:39
103	47	FERNANDEZ GARCIA, MANUEL	ATLETISMO RIA DE FOZ	MASCM	11	00:29:04
104	81	LAGO LAMAS, FERNANDO	CLUB ATLETISMO LOURENZA	MASBM	31	00:29:10
105	16	BERNAL GOMEZ, JESUS	INDEP. FERROL	MASCM	12	00:33:08